

How are Others Using MyCap?

Project Description	MyCap Utility	Participant Audience
VUMC conducted a home-based mobile health exercise intervention for patients recovering from transcatheter aortic valve replacements to track exercise adherence and progress. Read more	Participants were assigned exercises, answered daily and weekly questionnaires, and tracked their progress on MyCap.	Older adults
University of Washington and Sammamish TruMedicines assessed the efficacy of mobile apps in measuring or encouraging medication adherence. Read more	Participants photographed a pill before daily consumption and answered accompanying health-related questions.	Adults
Mt. Sinai healthcare system launched the COVID-19 Precision Recovery Program, using MyCap for remote patient monitoring. Read more	Patients logged daily symptoms and physiologic data in MyCap, which were monitored by clinical staff to identify when triage or in-person care was needed.	Adults
VUMC conducted a COVID-19 surveillance study at a local high school and used MyCap to connect participant samples with test results. Read more	Participants submitted weekly saliva samples and symptom surveys. MyCap's barcode scanning feature linked participants' sample test tubes to their results, which were pushed to participants' MyCap app.	High school students & teachers
UC Denver is evaluating the efficacy of mobile app usage in a suicide prevention intervention. Read more	Participants complete biweekly surveys for three months. MyCap also provides mental-health and self-help resources.	Active-duty Naval personnel
University of Windsor is using MyCAP to track participant saliva samples and return test results to individuals as a part of a COVID-19 Detection Platform. Read more	MyCap's barcode scanning feature linked participants' sample test tubes to test results, which were pushed to participants' MyCap app.	College faculty & students
VUMC is assessing the safety and effectiveness of a drug in reducing Crohn's disease-associated symptoms. Read more	Participants log daily symptoms in MyCap.	Adults
VUMC is assessing the efficacy of a drug for treating neurogenic orthostatic hypotension. Read more	Participants complete daily activity diary forms and weekly symptom questionnaires in MyCap.	40-80 y/o w/ neurogenic ortho hypotension
VUMC uses MyCap to report the use of behavior intervention strategies in schools for students with disabilities and problem behaviors. Read more	Participants log the presence and type of behavioral problems, treatment dosage, trainee engagement with professional development programs, and contacts with school-based teams.	Student-facing consultants/coordinators
Weill Cornell identified Parkinson's Disease patients from Healthy Controls utilizing MyCap's Tapping active task. Read more	Participants completed the active tapping task 2x about 1 hour apart, 3 days per week, for 5 weeks on MyCap.	Adults

Want More Information?

Additional Resources:



[1-hour feature demonstration](#)



[Download MyCap and use demo available at bottom of <https://projectmycap.org/>](#)



[Website FAQs](#)



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